



**** LESS CLOCK, MORE ROCK ****

GROUP PERSONAL TRAINING WITH SPECIALIZED WORKOUTS AND MUSIC THAT WILL KEEP YOU MOTIVATED

| MON | TUE | WED | THU | FRI | SAT |
|-----------------------|------------|-----------------------|------------|-----------------------|------------|
| | 8:00 AM | 7:30 AM | 8:00 AM | 7:30 AM | |
| 8:30 AM | | 8:30 AM | | | |
| 9:30 AM new | | 9:30 AM new | | | |
| 5:00 PM new | | 5:00 PM new | | 5:00 PM new | |

Non-members are welcome to join classes for an extra \$5.00 per class

Member Name: _____ Member #: _____ Phone # _____

Codes (Circle one)

- 1 session \$11.00 + tax F8001 non-member add \$5.00 per class GF1000
- 10 sessions \$100.00 + tax F8110
- 20 sessions \$200.00 + tax F8120

Class Time: _____ Class Day/s _____ Instructor _____

Payment: Cash _____ Check _____ Credit _____ Charge _____ non-member _____ Total _____ F.D. _____

Member Signature _____ Date: _____