



Massage Prices

Relaxation, Therapeutic Massage

30 minute session	\$40
60 minute session	\$60
75 minute session	\$75
90 minute session	\$90

Please stop by the **CBRC Front Desk** to schedule your massage appointment or call **943-8416**

CBRC encourages 24 hours notice for appointment cancellation. We reserve the right to charge for missed appointments or cancellations made with less than 4 hours notice. Thank you!

All of our therapists are state certified and trained in various techniques including Swedish Massage (long flowing strokes that increase the circulation), Sports Massage (stretching and compressive massaging to relieve tight muscles) and Trigger Point Therapy (can soften muscle knots and painful spots).

A doctor's release is required for prenatal massage.

Ask about Series Sales Discounts

New Members: don't forget to use your
New Member 10% Coupon

Meet Our Practitioners

John Slatick, LMP

WA License # 17218

John addresses painful musculoskeletal conditions with Structural Relief Therapy (SRT), which uses gentle positioning of the body. SRT in conjunction with Therapeutic (injury) and Swedish massage techniques offers relief to clients who suffer from complex chronic pain as well as "common little aches and pains". John is a graduate of Myotherapy College of Utah and has been in practice for 12 years.

Brandi Wehde, LMP

WA License # 16964

Brandi is experienced in deep tissue, pain management, and relaxation massage. Whether you are looking to relieve stress or for pain reduction to aid in recovery from an injury or from surgery, she can customize your session to meet your needs. Brandi is practiced in Positional Release techniques and has received additional training on neck and shoulder therapies. Brandi has been a Licensed Massage Practitioner for 9½ years.

RaeLynn Gardiner, LMP

WA License # 21509

RaeLynn has training in deep tissue, sports, and Swedish massage. She is trained in prenatal and postnatal massage and reflexology. This training has allowed RaeLynn to work with many medical professionals in our community, resulting in a strong returning client base. RaeLynn is looking forward to helping CBRC members reduce stress and pain and increase flexibility. RaeLynn has been in practice since 2005.

