

Enter sessions at anytime!

Intermediate (No class January 28, February 11, March 3, 23, 24 April 3, 5, 7, 13, 14, 20, 21 May 18, 19, 25, 26 June 2)

This class is designed for the junior who is striving to play tournament matches. Class emphasis will be on improving stroke production, match play strategy, and positioning. Drills and games will be competitive with major emphasis on fun.

Class Days	Class time	Winter I	Winter II	Spring
Tuesday	4:00 - 5:00 pm	\$86 / \$ 90 / \$110	\$86 / \$ 90 / \$110	\$64 / \$67.50/ \$82.50
Thursday	4:00 - 5:00 pm	\$86 / \$ 90 / \$110	\$86 / \$ 90 / \$110	\$64 / \$67.50/ \$82.50
Saturday	2:00-3:00 pm	\$64.50 / \$67.50 / \$82.50	\$45 / \$45 / \$55	\$32.25 / \$33.75 / \$41.25

Junior Beginners (No class January 28, February 11, March 3, 23, 24 April 3, 5, 7, 13, 14, 20, 21 May 18, 19, 25, 26 June 2)

For junior ages 7 thru 16 who have very little exposure to tennis. Major emphasis will be placed on the basics of stroke production, playing games, learning sportsmanship, meeting friends and lots of fun. Age groups will be separated if needed.

Class Days	Class time	Winter I	Winter II	Spring
Tuesday	4:00 - 5:00 pm	\$86 / \$ 90 / \$110	\$86 / \$ 90 / \$110	\$64 / \$67.50/ \$82.50
Thursday	4:00 - 5:00 pm	\$86 / \$ 90 / \$110	\$86 / \$ 90 / \$110	\$64 / \$67.50/ \$82.50
Saturday	1:00-2:00 pm	\$64.50 / \$67.50 / \$82.50	\$45 / \$45 / \$55	\$32.25 / \$33.75 / \$41.25

Little Tennis (No class January 28, February 11, March 3, 23, 24 April 3, 5, 7, 13, 14, 20, 21 May 18, 19, 25, 26)

Class is designed for children ages 5 thru 8 that are familiar with the tennis fundamentals. Players will be developing hand-eye coordination and basic athletic skills. Lots of throwing, catching games, and simple tennis techniques. Strong emphasis on a fun atmosphere, with lots of prizes and refreshments.

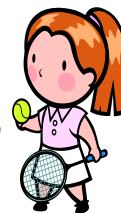
Class Days	Class Time	Winter I	Winter II	Spring
Tuesday	4:00 - 5:00 pm	\$86 / \$ 90 / \$110	\$86 / \$ 90 / \$110	\$64 / \$67.50/ \$82.50
Thursday	4:00 - 5:00 pm	\$86 / \$ 90 / \$110	\$86 / \$ 90 / \$110	\$64 / \$67.50/ \$82.50



Junior Tennis

Winter Programs

2012



Winter Session I
January 2 - February 26

Winter Session II
February 27 - April 28

Spring
April 30 - June 9

509-943-8416

www.mycbrc.com

Enter sessions at anytime!

(Pro Invite only)

Junior Elite (No class March 23, April 2, 4, 6, 13, 20 May 18, 25, 28 June 1)

This class is designed for the highest level of junior players at CBRC who are dedicated to improving their tennis. Workouts are designed for the serious tournament player who is ranked in the PNW or is striving to become a ranked player. Class emphasis will be on improving foot-work, goal setting, consistency, conditioning, mental toughness, patterns of play, and developing an arsenal of weapons.

Class Days	Class time	Winter I	Winter II	Spring
Monday	3:30-5:00 pm	\$128 / \$136 / \$164	\$128 / \$136 / \$164	\$80/ \$85 / \$102
Wednesday	3:30-5:00 pm	\$128 / \$136 / \$164	\$128 / \$136 / \$164	\$96 / \$102 / \$123
Friday	3:30-5:00 pm	\$128 / \$136 / \$164	\$80 / \$85 / \$102	\$64 / \$68 / \$82

Tournament Class (No class March 23, April 2, 4, 6, 13, 20 May 18, 25, 28 June 1)

These lessons are designed for juniors who are tournament players. Workouts are designed for the player who is striving to move up to the Junior Elite level of the Junior Program. Consistency will be stressed as a way of helping players become more competitive in matches. Major emphasis will be placed on developing court positioning, strategy, and developing a well-rounded game.

Class Days	Class time	Winter I	Winter II	Spring
Monday	3:30-5:00 pm	\$128 / \$136 / \$164	\$128 / \$136 / \$164	\$80/ \$85 / \$102
Wednesday	3:30-5:00 pm	\$128 / \$136 / \$164	\$128 / \$136 / \$164	\$96 / \$102 / \$123
Friday	3:30-5:00 pm	\$128 / \$136 / \$164	\$80 / \$85 / \$102	\$64 / \$68 / \$82

High School Prep

Players attending this class have interest in playing on their school's Varsity and /or Junior Varsity teams. Class emphasis will be on improving technique and shot production in the areas of net play, overheads, serve and return of serve. Various competitive drills will be centered on singles and doubles strategy, positioning and shot selection.

Class Days	Class time	Winter I	Winter II	Spring
Tuesday	5:00-6:00 pm	\$86 / \$90 / \$110	\$86 / \$90 / \$110	\$64.50 / \$67.50 / \$82.50
Thursday	5:00-6:00 pm	\$86 / \$90 / \$110	\$86 / \$90 / \$110	\$64.50 / \$67.50 / \$82.50

Save the date!
Spring Tennis Camp
April 3 - 6th

Pick your flier up at the front desk

Name: _____ Parents: _____

Phone #:(H) _____ (W) _____ E-Mail: _____

Address: _____ City _____ State _____ Zip _____ Age: _____

Payment: Charge Cash Check Coupon

Class Attending: _____

Account #: _____ * (Check Membership status) Full Club Health Club Non Club

Session: _____

Total: _____ * New Rate Structure* Days/Time Attending: _____
(example) \$86 / \$90 / \$ 110 1 2 3 F.D. Initials: _____

Junior Program Registration Form

Return to Racquet Sports Binder T-111

1. Full Club (Tennis Privileges) 2. Club Member 3. Non Club Member

Payment must accompany registration.

Please return to the front desk. For more information contact any Tennis Professional at 943-8416.

